

# LEFT-HANDED COMMON BEAT PATTERNS

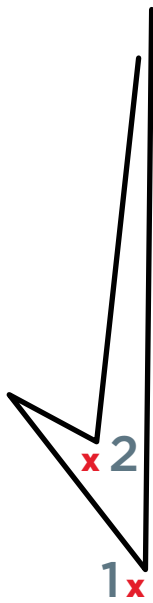
## Conducting Posture

Chest lifted, shoulders down, back straight, arm out with elbow away from body, hand in a relaxed curve, fingers together, wrist slightly cocked.

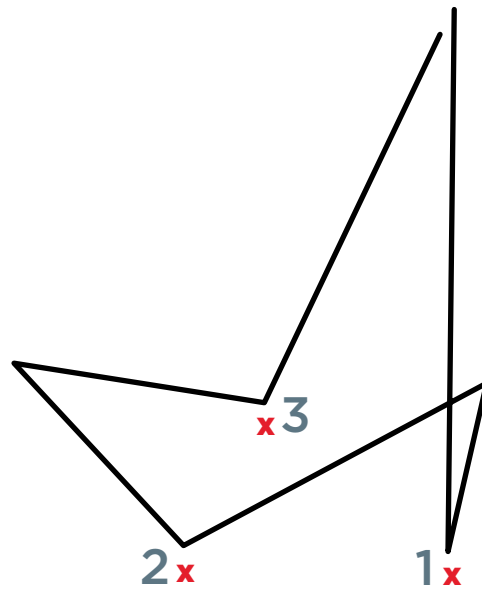
## Ictus and Rebound

The two elements of conducting. Ictus is where the beat occurs. Rebound is the "in between" (½ as big as beat preceding)

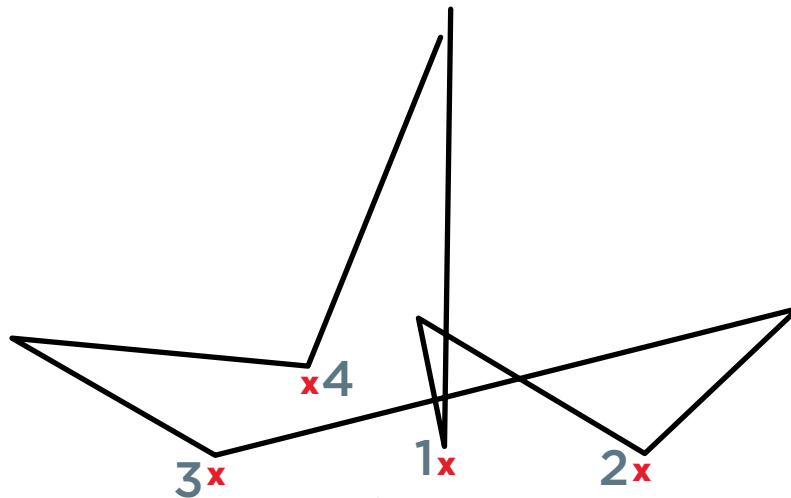
Note: "x" in figures represents the ictus



DUPLE



TRIPLE



QUADRUPLE